

ORANGE COUNTY FLIGHT CENTER

19711 Campus Drive #150, Santa Ana, CA 92707 (949) 756-1300

FLIGHT REVIEW

Revised: 10/6/03

The Flight Review is required by FAR 61.56 so that pilot skills relating to aeronautical knowledge, aircraft control, and flight safety can be evaluated. In conducting the Flight Review, flight instructors must also comply with FAA Advisory Circular 61-98. This handout is designed to meet the requirement for one hour of ground instruction and one hour of flight instruction.

VFR ONLY

PILOTS WITH CURRENT

The following open book examinations must be completed by the pilot before the BFR:

COMPLETE THESE OPEN BOOK EXERCISES

BEFORE STARTING THE BFR	PILOTS	INSTRUMENT RATING
Federal Aviation Regulations VFR Examinations Federal Aviation Regulations IFR Examinations Practical Applications Examination Performance Computations VFR Flight Planning Exercise IFR Flight Planning Exercise	X X X	X X X
The flight review should be a learning experience. If yo element, that deficiency must be corrected before the f		
The main objective is your safety and the safety of your proficiency checked every six months.	r passengers. Rer	nember, professional pilots have their
FLIGHT REVIEW APPOINTMENT DATE:	TIMI	Ξ:
FLIGHT INSTRUCTOR:	AIRCRAFT:	
Cut out the following endorsement and carry in wallet it	f desired.	
THIS CERTIFIES THAT	HAS	SUCCESSFULLY COMPLETED
A FLIGHT REVIEW ON/ CFI SIGNAT	URE	
CFI NO, EXPIRES//_		

TRAINING OUTLINE

OPEN BOOK EXAMINATIONS — must be completed before you start the flight review. Your instructor will give you the necessary information for the Flight Planning Exercise

- 1. Federal Aviation Regulations Examination
- 2. Practical Applications Examination
- 3. VFR or IFR Flight Planning Exercise

PREFLIGHT DISCUSSION WITH FLIGHT INSTRUCTOR

- 1. Student questions.
- 2. Grade the open book examinations and review the Flight Planning Exercise.
- 3. Review a VFR Terminal Area Chart and the cartography and operating rules for Class B, C, and D airspace.
- Review a VFR Sectional Chart and the cartography and operating rules for Class E and Class G airspace; alert, warning, restricted, and prohibited areas; and military training routes.
- 5. Review the latest procedures for obtaining preflight weather briefings and for filing flight plans with an automated Flight Service Station.
- 6. Review the most recent changes to the FARs and the *Aeronautical Information Manual*.
- 7. Review the most recent accident reports as contained in FAA or AOPA publications.
- 8. Review the five hazardous pilot attitudes and their antidotes:
 - a) Anti-authority: "Don't tell me."
 Antidote: "Follow the rules, they're usually right."
 - b) Impulsivity: "Do something quickly." Antidote: "Not so fast, think first."
 - c) Invulnerability: "It won't happen to me." Antidote: "It could happen to me."
 - d) Macho: "I can do it." Antidote: "Taking chances is foolish."
 - e) Resignation: "What's the use?"
 Antidote: "I'm not helpless. I can make a difference."

- 9. Discuss the five subject areas relevant to pilot judgment and decision making (A-PESO):
 - a) Aircraft
 - b) Pilot
 - c) Environment
 - d) Situation
 - e) Operation
- 10. Discuss the personal checklist (IM SAFE)
 - I Illness
 - M Medication
 - S Stress
 - A Alcohol
 - F Fatigue
 - E Emotion
- 11. Review traffic scanning techniques during daylight and night time, and the importance of clearing all turns, climbs, and descents.
- 12. Review proper aircraft tie-down procedures.
- 13. Review the maneuvers that will be flown during the flight review. (Refer to page 9)

FLIGHT REVIEW

- 1. Preflight procedures
- 2. Cockpit management
- 3. Flight maneuvers
- 4. Emergency procedures
- 5. Communications
- Postflight procedures

POSTFLIGHT DISCUSSION

- 1. Flight critique
- 2. Suggestions for further training or practice
- Questions
- 4. Instructor's flight review logbook endorsement

FEDERAL AVIATION REGULATIONS EXAMINATION

PART 61 - VFR (all pilots)

- 1. (61.3, 61.56, 61.57) Requirements to fly as pilot in command include which of the following:
 - a) Flight Review.
 - b) Current medical certificate.
 - 5 takeoffs and landings to a full stop within 90 days.
 - Pilot and medical certificates, and a government issued photo I.D. in your possession.
 - e) Pilot's logbook in possession.
 - f) If passengers are to be carried, 3 takeoffs and landings within the last 90 days in the same category and class of aircraft.
 - g) 6 hours as pilot-in-command during the previous 6 months.
- 2. (61.23) If you are 41 years old, your Class III Medical Certificate expires at the end of the last day of the ____ month after it was issued.
- 3. (61.31) To fly as pilot-in-command of a high performance (more than 200 hp) airplane, a pilot in command must
 - a) have 5 hours in that type aircraft.
 - have 3 takeoffs and landings in that type aircraft.
 - have a high performance log book endorsement from a flight instructor.
- 4. (61.56) To act as pilot-in-command, a Flight Review is required
 - a) within the last 12 calendar months if the pilot holds a private license and has less than 400 hours.
 - b) within the last 24 calendar months if the pilot meets the recent flight experience requirements of FAR 61.57.
 - c) to review those maneuvers and procedures which, in the discretion of the person giving the review, are necessary for the pilot to demonstrate the safe exercise of the privileges listed on their pilot certificate.
- 5. (61.57) To fly at night with passengers, a pilot must have made at least
 - a) 3 landings in the last 90 days in same make and model of aircraft.
 - b) 5 takeoffs and landings to a full stop in the last 90 days in the same type.

- c) 3 takeoffs and landings to a full stop in the last 90 days in the same category and class.
- 6. (61.60) Upon moving, the FAA must be advised of your new address within
 - a) 30 days.
 - b) 60 days.
 - c) 90 days.
 - d) 120 days.

PART 61 - IFR (only IFR pilots)

- 7. (61.57) Instrument currency requirements are:
 - a) Within the last six calendar months, flown six instrument approaches, holding procedures, and course intercepts and tracking, in the category aircraft that will be flown IFR; or received an IFR proficiency check.
 - b) Six instrument approaches within the last six calandar months, three of which must be in the same category of aircraft that will be flown IFR. Or, an IFR proficiency check within the last six months.
 - c) Six hours of instrument time in the category aircraft that will be flown IFR within the last six calendar months. Or. an IFR proficiency check within the last six months.
- 8. (61.57) An IFR Proficiency Check is required when
 - a) an IFR pilot loses currency.
 - b) a six month period has occurred following the loss of instrument currency.
 - c) a 24 month period has occurred following the loss of instrument currency.
- 9. (61.57) An IFR Proficiency Check may be given
 - a) by any current instrument pilot.
 - b) by any current instrument pilot, instrument flight instructor, designated examiner, or FAA inspector.
 - c) by any instrument flight instructor, designated examiner, or FAA inspector.

PART 91 - VFR (all pilots)

- 10. (91.7, 91.9, 91.103, 91.127) Your preflight planning must include all available information to include:
 - a) Weather reports and forecasts.

- b) Airport departure information and runway lengths.
- c) Takeoff and landing distance considerations from the *Pilot's Operating Handbook*.
- d) Aircraft performance relating to weight and balance, and all operating limitations.
- Review of logbooks and other maintenance records.
- f) A preflight inspection to determine that the airplane is safe for flight.
- 11. (91.9, 91.203) To be legal, the following documents must be in an aircraft when it is operated from a controlled airport:
 - a) Registration certificate.
 - b) Airworthiness certificate.
 - c) Operating limitations.
 - d) Airframe and engine logs.
 - e) Weight and balance information.
 - f) Radio station license.
- 12. (91.17) The alcohol and drug rule requires that no alcohol be consumed within ____hours before a flight, and that you are not under the influence of _____ that might affect your performance.
- 13. (91.21) Portable electronic devices in aircraft cabins are
 - a) not restricted during IFR operations.
 - b) totally prohibited during IFR operations.
 - c) prohibited with exceptions.
- 14. (91.151) No person may begin a VFR flight unless they have enough fuel to fly to the first point of intended landing and then fly for an additional ____ minutes at normal cruise during daylight hours or ___ minutes at normal cruise at night.
- 15. (91.107) Safety belts are required by each occupant of an aircraft except for ______ when they are lap held, or for persons engaged in sport parachuting.
- 16. (91.107) Before each flight, passengers must be briefed on _______, and the pilot in command will insure that each passenger has been notified _____
- 17. (91.113) Right-of-way means:
 When overtaking another aircraft, keep it on your ______.

- When approaching another aircraft head-on or nearly so, deviate to the
- An airplane or rotorcraft has the right-of-way over which of the following (circle appropriate choices): airship, glider, balloons, and/or aircraft under tow.
- 18. (91.117) The maximum speed for propeller driven aircraft operating in Class C or D airspace within 4 nmi of the airport is _____ kts.
- 19. (91.119) Flight over congested areas require a minimum altitude of _______ feet above the tallest structure or ______ feet horizontally from the closest person or structure. For noncongested areas these limits are ______ feet above and ______ feet horizontally. In any event, an aircraft will never be operated at an altitude from which it cannot_____
- (91.121) Altimeter settings on a cross-country trip should be to a station located no more than miles away whenever possible.
- 21. (91.125, 91.129) You are forced to land at a controlled airport without communications capability. Upon entering the pattern and turning final, you notice a flashing green light coming from the tower. This indicates that
 - a) you are cleared to land.
 - b) you may not land and must go to another airport.
 - c) you are to go-around and attempt another landing.
 - d) you are cleared to land and taxi to a maintenance facility.
- 22. (91.130) To fly within Class C airspace, you must:
 - a) Establish two-way communications with ATC before entering the Class C airspace and monitor that frequency while operating in that airspace.
 - When arriving or departing at a satellite airport located within Class C airspace, comply with FAA arrival and departure traffic patterns.
 - If planning to pass through the airspace and remain above Class D airspace, ATC contact is not necessary.
 - d) If, when departing, you exit the inner core at 1,000 feet AGL and then decide to climb into the outer circle, ATC contact is not necessary.

- 23. (91.131) Operation within Class B airspace requires which of the following?
 - a) Clearance from ATC.
 - b) Two-way communications radio.
 - c) At least a Private Pilot's Certificate.
 - d) A navigational receiver (VOR).
 - e) Transponder with altitude encoding capability.
- 24. (91.153) Basic VFR minimums are? (List visibility, distance below clouds, distance above clouds, and distance from clouds.)
 Controlled airspace:
 Class B airspace

Class C and Class D airspace
Class E airspace below 10,000 feet MSL
Class G airspace: Day, 1,200 feet or less AGL
Night, 1,200 feet or less AGL
Day, between 1,200 AGL and 10,000 MSL
Night, between 1,200 AGL and 10,000 MSL
At or abv 10,000 ft MSL and abv 1,200 ft AGL:
25. (91.157) Special VFR minimums are: Visibility:

Minimum distance from clouds: ______Airspace where special VFR is applicable:

26. (91.159) Specific VFR cruising altitudes begin at

They are	feet
when your	is
from 0 through 179 degrees.	
They are	feet
when your	is
from 180 through 359 degrees.	

27. (91.159) You plan to fly over flat terrain which is 2,900 ft. MSL. Your true course is 188 degrees and the variation is 12 degrees east. Airports in Class D airspace along the route report a broken layer of clouds at 7,000 feet. The wind forecast indicates that you want to fly as high as possible. You could legally fly at:

- a) 5,500 feet MSL.
- b) 6,500 feet MSL.
- c) 7,500 feet MSL.
- d) 9,500 feet MSL.

28.	(91.209) Night flight requires that	
	lights be used from sunset to sunris	e, and that
	an approved	light sys-
	tem be installed.	

- 29. (91.211) With respect to unpressurized airplanes, supplemental oxygen for the pilot is required for all flights of more than _____ minutes at altitudes greater than _____ ft., or whenever the altitude is greater than ____ ft., or for all occupants of the airplane when the altitude exceeds _____ ft.
- 30. (91.213) With regard to inoperative instruments and equipment for light, piston powered airplanes, which statements are correct?
 - a) A minimum equipment list (MEL) must be developed for the airplane and approved by the FAA.
 - b) The airplane may not be operated if the inoperative instrument or equipment is part airplane's required equipment list.
 - The airplane may not be operated if the inoperative instrument or equipment is required by FAR 91.205.
 - d) The instrument or equipment must be removed from the airplane or deactivated and placarded "Inoperative," and if maintenance is required, logged in the appropriate maintenance record.
- 31. (91.215) A transponder with altitude reporting capability is required in which areas?
 - a) Class A airspace.
 - b) Class B airspace.
 - c) Class C airspace.
 - d) Within 30 nmi. of specially designated airports, from the surface upward to 10,000 feet MSL, located in Class B airspace .
 - e) In all airspace above the ceiling and within the lateral boundaries of a Class B or Class C airspace area upward to 10,000 feet MSL.

- 32. (91.409) Which statements are correct?
 a) An airplane must have received an annual inspection within the preceding 18 months which includes a 6 month grace period.
 b) If an airplane is operated for hire (passen-
 - If an airplane is operated for hire (passengers or flight instruction), it must have 100hour inspections.
 - c) If an airplane required 100-hour inspections, a 10-hour grace period is allowed if the airplane is en route to a place where the inspection can be conducted.
 - d) An airplane can qualify for progressive maintenance inspections in lieu of annual and 100-hour inspections if the owner has a mechanic check the airplane before and after each flight.
- 33. (91.411) Tests of the altimeter, static pressure system, and altitude reporting system must be performed within the last _____ months of an IFR flight.
- 34. (91.413) No person may use a transponder unless it has been tested and inspected within the preceding ____ calendar months.

PART 91 - IFR (only IFR pilots)

- 35. (91.109) Simulated instrument flight without outside references requires a "safety pilot" to occupy the other front seat. That pilot must be
 - a) any person who knows how to watch out for traffic.
 - b) an instrument flight instructor.
 - c) at least a student pilot.
 - d) at least a private pilot.
- 36. (91.167) Fuel requirements for any IFR flight must include sufficient fuel to fly to the destination airport, then fly to the alternate airport, and then fly _____ minutes at normal cruise. The alternate airport and fuel is not required if

37. (91.169, 91.173) Which of the following are true statements with respect to IFR flight?

- a) A flight plan must be filed with ATC.
- b) An ATC clearance must be received.
- c) Flights must be conducted only in controlled airspace.

38.	(91.171) VOR receivers must have been	
	checked within the preceding days in any	
	of the following ways:	
	VOT: Plus or minus degrees.	
	VOR ground check: Plus or minus	
	degrees.	
	VOR airborne check: Plus or minus	
	degrees.	
	VOR dual receiver check: Within	
	degrees.	

- 39. (91.175) Landing minimums are based on which of the following:
 - a) Ceiling and visibility.
 - b) Ceiling only.
 - c) Visibility only.
- 40. (91.183, 91.187) Which reports are required by the FARs:
 - a) Leaving an assigned altitude.
 - b) Initiating a missed approach.
 - c) Reporting the FAF unless in radar contact.
 - d) Reporting established at a holding fix.
 - The time and altitude of passing each compulsory reporting point unless in radar contact.
 - f) Any unforecasted weather conditions encountered.
 - g) Any other information relating to the safety of flight.
 - h) Loss of any navigation receiver capability.
 - Loss or partial loss of ILS receiver capability.
 - j) Impairment of communications capability.

41.	(91.185) In the event of lost radio communications, tell what you would do in each of the following cases? Route:	
	Altitude:	
	Start the approach:	

PERFORMANCE COMPUTATIONS

PRACTICAL APPLICATIONS EXAMINATION

GENERAL

1.	You are making a shortfield approach to a 2,000 foot runway, and your passengers are two close	Base your computations on the airplane that will be used for the Flight Review.	
	friends who have never flown with you. On final approach you note that your airspeed is 10 knots high, and you float past your planned touchdown point. You should:	DEPARTURE PERFORMANCE: Airplane is at maximum gross weight at an airport elevation of 2,500 feet MSL. There is no wind and the temperature is 30 degrees above standard.	
2.	You're not IFR rated, and you're following a road at 1,500 feet AGL in hopes of getting through an area of marginal weather. Visibility is now less than 1 mile and decreasing. You should:	Compute the following information: ground roll ft.; total distance to clear a 50 foot obstacle ft.; rate of climb fpm. If multiengine, the accelerate-stop distance for this takeoff is ft.	
3.	You are flying single-engine at night and notice that the engine oil pressure is dropping towards zero. Your first action would be to:	EN ROUTE PERFORMANCE: Cruising altitude is 7,500 feet MSL, the temperature is 10 degrees above standard, you'll use 75 percent power. Compute the following information: RPM, M.P., KTAS, GPH.	
4.	Most charts do not list the following standard frequencies: FSS, Flight Watch, Emergency	ARRIVAL AIRPORT PERFORMANCE: Airport elevation is 1,000 feet MSL, temperature is 10 degrees above standard, a 15 knot quartering headwind exists, and you're using full flaps.	
5.	When do most engine failures occur?	Compute the following information: ground roll ft., and total distance to clear a 50 foot obstacle ft.	
6.	Where do most midair collisions occur?	WEIGHT AND BALANCE COMPUTATION: All	
7.	What personality trait leads some pilots to think that accidents always happen to the other person?	seats are full. The pilot weighs 200 lbs., copilot 150 lbs., and each remaining passenger 120 lbs. You have 100 lbs. of baggage.	
8.	How much flying do you think you should do in order to maintain your proficiency?	How much fuel can you carry and still remain with the allowable gross weight? gal. Is the airplane within its CG limits? What is the CG when all but 10 gallons of fuel	
9.	You are flying a single-engine airplane at 2,000	have been consumed?	
	feet AGL and the engine quits. What are your immediate action steps?	DENSITY ALTITUDE: Pressure altitude is 4,500 feet, temperature is 115 degrees F. What is the density altitude? ft. How much runway would be required for takeoff if your airplane was loaded to its gross weight? ft.	
10.	You were just checked out in a rental airplane that has a 4.5 hour range. For your first trip in that airplane, would you plan a 4 hour crosscountry flight?		

FLIGHT PLANNING EXERCISE

For this exercise, your instructor will give you the General and Weather Information. Plan the designated cross-country flight and complete the Operational Plan.

GENERAL INFORMATION	Destination airport
Type of flight: VFR IFR	Current weather:
Time of departure:	Forecast weather:
Airplane make and model:	Outlook:
Departure airport:	Notams:
Destination airport:	Alternate airport
Alternate airport if IFR flight:	Current weather:
WEATHER INFORMATION	Forecast weather:
Departure airport Current weather:	Outlook: Notams:
Forecast weather:	
Outlook:	OPERATIONAL PLAN
Notams:	Route selected:
En route information Winds aloft:	
Freezing level:	Initial altitude:
Pilot reports:	True airspeed:
Notams:	Estimated time en route:
	Fuel required by the FARs:
	Fuel available:

FLIGHT REVIEW MANEUVERS

S U	the Practical Applications Examinations, and review the Flight Planning Exercise.)
	Preflight procedures
	Use of flow patterns, mental and written checklists
	Cockpit management
	Taxiing
	Distractions during critical phases of flight
	Takeoffs and departures:
	Normal and crosswind
	Shortfield
	360-degree steep turns
	Stalls, power-on and power-off to include spin awareness
	Slow flight
	Instrument flight - recovery from unusual attitudes and 180-degree turn (VFR only pilots)
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	(Instructors: Use the above blank spaces to list IFR tasks, M/E tasks, or additional maneuvers.)
	Emergency procedures:
	Landing gear extension
	Alternator failure
	Engine failure and simulated forced landing Approaches and landings:
	Normal and crosswind
	Short field
	Go-around
	Postflight procedures
	Traffic pattern procedures
	Communications
	Trim awareness
	Control coordination
	Scanning for collision avoidance
	Courtesy to other aircraft
	Planning
	Awareness
	Judgment
	(Instructors: Use the back of this page for notes)